



- 15K CYCLE & IN-LINE SKATE
- 35K CYCLE
- 70K CYCLE

- RETURN TRIP
- REPEAT RETURN TRIP

* 70K Route repeats twice between Wellington/Bay intersection and NCC Scenic Turn Around, and between Ottawa River Parkway Turn Arounds.

- WALK START/FINISH
- CYCLE/IN-LINE SKATE START/FINISH
- REST STOP
- TURN AROUND
- TURN AROUND & REST STOP

Lane closures will be in effect on the Ottawa River Parkway (the entire 15K Cycle & In-line Skate), and Queen Elizabeth Drive, Prince of Wales and Scenic Drive. During the 35K and 70K Cycles, cyclists will be sharing the road with vehicular traffic on Wellington, Bay, Laurier, Gloucester and Lyon. CYCLISTS MUST OBEY ALL TRAFFIC SIGNALS AND POSTED SPEED LIMITS, THIS IS NOT A RACE. PLEASE RIDE SAFELY IN SINGLE FILE, COURTEOUSLY AND KEEP TO THE RIGHT.

Map not to scale.

CN CYCLE FOR CHEO

ROUTE MAP