




SUNDAY, MAY 3, 2020

ALL ROUTES START AND FINISH AT THE CANADIAN WAR MUSEUM

CN Cycle for CHEO is a fun, non-competitive event that offers a wide range of cycling (15K, 35K, 70K) and walking (2K, 5K) routes for people of all ages and abilities.

Our fully-supported urban cycling routes will be closed to traffic and offer a unique opportunity for individuals, groups and families to safely cycle along Ottawa's most scenic corridors.



 **SHUTTLE BUS**

Participants are encouraged to park their vehicle at Tunney's Pasture (Brooke Claxton Building) and ride the FREE shuttle bus to the event grounds at LeBreton Flats and back.

Tunney's Pasture: Every ½ hour between 7:30 a.m. and 10 a.m.

LeBreton Flats: Every 15 minutes between 10:30 a.m. and 1 p.m.

Ericsson
70K Cycle

🕒 8:30 a.m.

Coughlin & Associates
35K Cycle

🕒 9:00 a.m.

National Bank Financial
15K Cycle

🕒 10:00 a.m.

5K Walk

🕒 10:30 a.m.

2K Walk

🕒 10:30 a.m.

ONCOLOGY CARE AT CHEO

On average, **75 kids** are diagnosed with cancer each year.

There are **500 children** in various stages of cancer treatment each year.

ENJOY POST-EVENT CELEBRATIONS!



- FREE Team Photo
- Face Painting
- Family BBQ
- Petting Zoo
- Bouncy Castle
- Basketball
- Craft Tent
- Mechanical Bull
- Live Music by *The Commotions*
- Fast Track Obstacle Course
- Radical Science
- Rock Climbing Wall

Register as an individual or as a group. Put a team of friends, family or coworkers together.

You can help ensure that CHEO remains a leader in finding safer and more effective cancer treatment options. All funds raised support oncology care, programs and research at CHEO.

WWW.CNCYCLE.CA